



e)xpectancy Ltd

**Expectant Parents' Complementary
Therapies Consultancy**

Charlotte Kenyon BSc RM RGN PGCE

Charlotte is a senior midwife who managed the labour ward in a busy maternity unit for many years. She completed the Diploma in Integrated Therapies in Childbirth with Expectancy and is currently completing a Masters degree. She has a small private practice offering massage, aromatherapy and



reflexology to pregnant and newly-born mothers. Charlotte is also a senior midwifery lecturer in a Midlands university and is committed to including the subject of complementary therapies in midwifery education. She believes strongly in promoting normality in childbirth and tries to achieve this in several ways, in her midwifery practice and teaching, and in her use of complementary therapies. Charlotte is a Supervisor of Midwives, responsible for the safe practice of a group of midwives, and is insured with the Royal College of Midwives and the Federation of Antenatal Educators.

Services provided include:

- Pregnancy massage, aromatherapy and reflexology
- Complementary therapies for specific aches and pains in pregnancy, eg backache, sciatica and pubic pain
- Moxibustion and other alternatives for breech babies
- Reflexology and other techniques if you are “overdue”

Geographical Area

Barnsley, Doncaster and South Yorkshire

Contact

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