

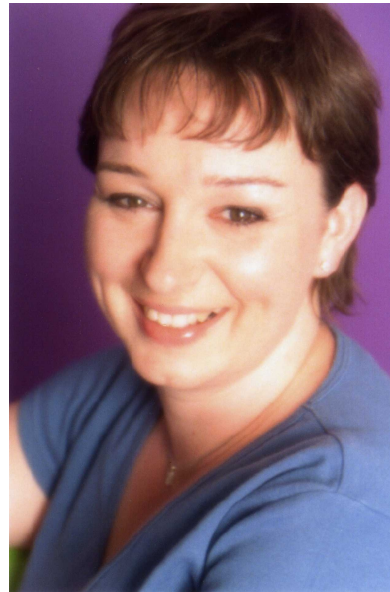


e)xpectancy Ltd

**Expectant Parents' Complementary
Therapies Consultancy**

Amanda Collins ITEC MFHT CNHC

Amanda is a complementary therapist with a special interest in treating women during preconception, pregnancy and the postnatal period. She also treats women whilst they are going through assisted reproduction treatment. Amanda believes that using complementary therapies helps to normalise the hormones, encouraging the body to work in a more balanced and natural environment, therefore aiding normality in pregnancy and childbirth. Amanda is an experienced qualified reflexologist and a Reiki Master.



She is also qualified in massage, Indian head massage, the balance procedure and Emotional Freedom Technique. She has completed the Expectancy Diploma in Clinical Reflexology in Pregnancy and Childbirth. Amanda belongs to the Federation of Holistic Therapists (FHT) and the Complementary Natural Health Council (CNHC), she is fully insured and CRB checked.

Amanda is currently undertaking further study with Expectancy Certificate including Bach Flower Remedies and Clinical Hypnosis for Childbirth and will be able to offer these therapies to provide a complete package of complementary treatments for expectant and newly-born mothers.

Services provided include:

- Reflexology - for relaxation and to treat common pregnancy & postnatal problems, such as constipation, backache, pelvic pain etc
- Reiki therapies
- Indian head massage

Geographical Area

Dorking, Leatherhead and surrounding area

Contact

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